



# FutureCare

CHESAPEAKE

Welcome to FutureCare Chesapeake conveniently located on College Parkway between Severna Park and Annapolis. FutureCare Chesapeake sits on a lovely wooded setting next to AACC.

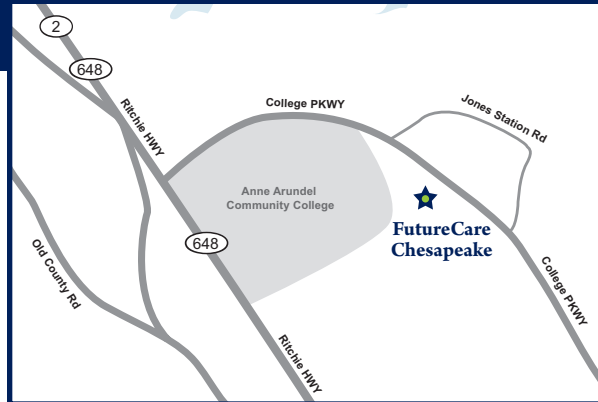
**From Baltimore:** Take 695 to Route 10. Follow Route 10 to Route 2 (Ritchie Highway) South. Follow Route 2 for approximately 5.25 miles and turn left onto College Parkway. FutureCare Chesapeake is on the right-hand side, just past Anne Arundel Community College and College Parkway Baptist Church.

Featuring  
**VitalStrong™**  
Rehabilitation



**From Washington:** Take Route 50 to Route 2 (Ritchie Highway) North towards Baltimore. Drive 3 miles north and turn right onto College Parkway. FutureCare Chesapeake is on the right-hand side, just past Anne Arundel Community College and College Parkway Baptist Church.

Our on-site dialysis center enables those requiring dialysis to receive treatments without having to travel to an outside provider.



FutureCare Chesapeake offers warm and inviting patient rooms equipped with Wi-Fi and flat screen televisions.



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305 College Parkway, Arnold, Maryland 21012  
Phone (410) 647-0015 [www.futurecare.com](http://www.futurecare.com)



# Getting you home faster and stronger



Our staff prides itself on providing comprehensive short-stay rehabilitation services through our **VitalStrong™** program. VitalStrong™ has been developed to provide state-of-the-art clinical and rehabilitation services utilizing progressive technology, with clinical oversight by a physiatrist – a doctor of physical medicine and rehabilitation.

Our team of experts, including licensed physical and occupational therapists and speech language pathologists, provide therapy services up to seven days per week.

At Chesapeake we are proud to offer our innovative **WalkStrong** program for orthopedic rehabilitation. This comprehensive short-stay program for post-surgery recovery following knee, hip, neck, spine or shoulder injury, fracture or replacement is individualized to meet your specific needs to get you home faster and stronger.



## Healthcare Services

- Nurse practitioner and physician services
- Around-the-clock nursing services
- VitalStrong™ - Comprehensive physical therapy, occupation therapy and speech therapy daily up to seven days a week featuring state-of-the-art rehab equipment and treatment modalities
- WalkStrong - Comprehensive orthopedic rehabilitation
- On-site dialysis center
- Wound care and pain management
- IV therapy with bedside PICC line placement when needed
- Pharmacy, laboratory and radiology services
- Nutritional services
- Case management and social services
- Therapeutic recreational activities

## State-of-the-Art Rehab Equipment

**Coming Soon: Alter G Anti-Gravity Treadmill** – Allows accurate, safe and comfortable partial weight bearing while promoting normal gait pattern. Normalizes walking mechanics sooner after surgery.

**HawkGrips** – Manual soft tissue mobilization instruments used to break down scar tissue and other soft tissue restrictions.

**VitalStim Plus** – Neuromuscular electrical stimulator which re-educates muscles involved in swallowing.

**BITS: Bioness Integrated Therapy System** – Interactive touchscreen program for use in PT, OT and SLP. The computerized activities focus on visual scanning, visual motor, visual pursuit and cognition.

**Game Ready** – Cold compression system for musculoskeletal and soft tissue injuries.

**FEES** – Fiberoptic endoscopic evaluation of swallowing.

**Sung Do Motor Driving Rehabilitation Exerciser**

**Other Equipment** – Parallel bars, stairs and standing frame, fully equipped kitchen and bathroom

**E-Stim, Ultrasound, Diathermy are available at all FutureCare locations.**