



Welcome to FutureCare Annapolis, located just minutes from downtown Annapolis, Anne Arundel Medical Center and Baltimore-Washington Medical Center.

FEATURING
VitalStrong
Rehabilitation



Delicious meals are prepared daily and served in our elegant dining rooms.

FutureCare Annapolis offers warm and inviting patient rooms equipped with Wi-Fi and flat screen televisions.



2700 South Haven Road Annapolis, MD 21401
(410) 349-5100 FutureCare.com

Getting you home faster and stronger



Our staff prides itself on providing comprehensive short-stay rehabilitation services through our **VitalStrong™** program. **VitalStrong™** has been developed to provide state-of-the-art clinical and rehabilitation services utilizing progressive technology, with clinical oversight by a physiatrist – a doctor of physical medicine and rehabilitation.

Our team of experts, including licensed physical and occupational therapists and speech language pathologists, provide therapy services up to seven days per week.

FutureCare Annapolis is proud to be a **WalkStrong** Center of Excellence for orthopedic rehabilitation.



Healthcare Services

- Nurse practitioner and physician services
- Around-the-clock nursing services
- **VitalStrong™** – Comprehensive rehab services up to seven days a week featuring cutting-edge equipment and treatment modalities
- **WalkStrong** – Comprehensive orthopedic rehabilitation
- IV therapy with bedside PICC line placement when needed
- Wound care
- Pain management
- Pharmacy, laboratory and radiology services
- Nutritional services
- Case management and social services
- Therapeutic recreational activities
- Outpatient Rehabilitation

Cutting Edge Rehab Equipment

Alter G Anti-Gravity Treadmill – Allows accurate, safe and comfortable partial weight bearing while promoting a normal gait pattern.

Bioness Integrated Therapy System – technology that works on hand-eye coordination, reaction time, balance, memory, and visual scanning.

FEES – Fiber-optic endoscopic evaluation of swallowing.

Game Ready – Cold compression system for soft tissue injuries.

HawkGrips – Manual soft tissue mobilization instruments used to break down scar tissue and other soft tissue restrictions.

Jintronic – A mobile virtual reality rehabilitation system.

PhysioGait - A dynamic mobile harness system used to help patients with gait disorders improve posture, motor coordination, and mobility.

Piezowave - High-energy sound waves which target precise areas deep within the body to promote healing, reduce pain and inflammation.

Scifit Recumbent Stepper – Lower extremity exerciser allowing full leg extension to strengthen quadriceps and hamstring muscles.

Thera Touch LX2 – Cold laser therapy device that treats painful conditions like minor arthritis pain, muscle spasms, sprains, strains, and back pain.

VitalStim Plus – Neuromuscular electrical stimulator used to re-educate the muscles involved in swallowing.

We also feature:

- Keiser Bike and Functional Trainer
- Fully equipped kitchen and bathroom for ADL re-training
- Bariatric Stairs
- Woodway Treadmill
- Private Treatment Room